



2015 ANNUAL REPORT

# Arc Strong: *Achieving Dreams*

Democracy

People First



Diversity

Community Partnerships

Integrity

## ABOUT THE ARC OF BRISTOL COUNTY

The Arc of Bristol County was founded in 1959 as a grassroots, non-profit 501c3 organization by a small group of Attleboro area parents who were concerned about the quality of life for their children with disabilities. Today, we serve over 2,000 children and adults with intellectual and developmental disabilities and their families, with a wide array of individually designed supportive services that assist people to live fulfilling lives as contributing participants in their community.

## VISION

People of all abilities are empowered to succeed by making their own choices.

## MISSION

To foster community partnerships, promote individual advocacy and create a pathway for growth and innovation by offering exceptional support and services to people with all abilities through the attraction, development and retention of superior talent who passionately demonstrate best practices.

## 2014-2015 BOARD OF DIRECTORS

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*"If not for The Arc, my son would be among the hundreds lost in the shuffle, considered a behavior problem, and failing in school. Due to the persistence and support of your program, my son is well on his way to a better half of the year, and I am relieved as a parent to know that if any problems occur, I will have your staff by my side, fighting for what is right for my son." – Quote from parent*

# Visionary Leadership

## WELCOME

Dear Friends of The Arc,

It is with great pride we share this annual report and capture the extraordinary work of our organization over the past year. Our theme this year has been Arc Strong: Achieving Dreams, emphasizing the passion, drive, and abilities that people with intellectual and developmental disabilities have, but rarely are acknowledged; and inviting you to promote hope, and permission to dream, and the means to achieve what was previously only imagined.

Our year has been filled with growth, new ventures and plans for the future:

- In December 2014 we welcomed Hillside Adult Day Health to our family of services. The Arc now has day services in Attleboro for elders and adults with disabilities to have a safe, healthy and therapeutic center, as an alternative to institutional care.
- proPartnerships has grown tremendously, giving Rhode Islanders with intellectual and developmental disabilities and their families more control of their services and supports.
- The Arc hosted three legislative breakfasts in the last year and attended numerous legislative meetings to give a voice to those we serve, and educate legislators about the importance of helping people with disabilities to live and work in their communities.
- Fall River and New Bedford parents have a new resource in The Arc's Special Educational Empowerment Program, teaching parents how to advocate with educators for their children's academic needs, and getting the assistance they need to succeed.
- The Arc hosted our first 5K Run, Walk & Roll on May 9th at Borderland State Park called Arc Strong: Achieving Dreams. Over 100 individuals, families and friends participated and raised money for The Arc, and celebrating the abilities of those we serve.

These accomplishments and more would not be possible without the commitment of our employees, the dedication of our board of directors, the generosity of our supporters, and the trust the families we serve have placed in us. Together we can be Arc Strong.

With gratitude,



Michael Andrade  
President and CEO



Richard Harwood  
Chairperson, Board of Directors



Michael Andrade



Richard Harwood

Excellence

# COMMUNITY IMPACT

## MASSACHUSETTS

- Adult Family Care **121**
- Community Supports **26**
- DESE/DDS Program **21**
- Education Advocacy **147**
- Extended Day **48**
- Fall River Resource Center **28**
- Family Support **333**
- Guardianship **305**
- Hillside Adult Day Health **86**
- Individual Supports **25**
- Information & Referral **631**
- Kids on the Block **5566**
- Middleboro Day Habilitation Services **35**
- Project Rec-Connect **422**
- Representative Payee Services **185**
- Residential Supports **29**
- Trust Services **55**

## RHODE ISLAND

- Community Based Supports **13**
- Day and Employment Services **39**
- Home Based Children Services **47**
- ProPartnerships **31**
- Recreational Supports **25**
- Residential Supports **25**



## SUMMARY OF SERVICES

### CHILD & FAMILY SERVICES - MASSACHUSETTS

The Arc of Bristol County's Family Support Center provides a variety of resources and supports to families and/or individuals in the greater Taunton/Attleboro area. Our Coordinators work with each person to understand their needs, as well as, provide individualized supports that will be meaningful to them. Services often include information and referral, case management and service navigation, trainings, support groups, family networking, and social and recreational opportunities. Adult Companion is a service that consists of non-medical care, supervision and socialization provided to an adult living in his/her own home or in their family home. Individualized Home Supports consists of services and supports necessary for the participant to establish, live in and maintain on an on-going basis a household of their choosing, in a personal home or the family home, to meet their habilitative needs. The DESE/DDS Program designed to increase family capacity to support his/her child in the home and community, as well as to provide an individualized plan of supports for the participant that promotes skills building, independence, and social integration across multiple settings including the participants home, school, and community. The DESE/DDS program is designed to provide in-home services to participants that will help build capacity and provide supports to help prevent a more restrictive educational or out-of- home residential placement. Adult Family Care, a home-setting health care program funded by Mass Health, offers residents of Massachusetts who need assistance with activities of daily living due to frailty, chronic illness, advanced age, or cognitive, physical or mental disability the opportunity to live with trained, paid caregivers.



### ADULT SERVICES- MASSACHUSETTS

The Arc's Adult Services covers a wide range of services and opportunities for adults with intellectual and developmental disabilities throughout Bristol County. Community Habilitation and Individual Supports allows individuals to live independently in their community while staff assist with skills such as budgeting, medical coordination, benefit management, grocery shopping and other living skills. Community Directions takes place at the New Bedford Rehabilitation Hospital, giving medically fragile individuals with intellectual and developmental disabilities opportunities for individualized services and recreation. Shared Living provides individuals the opportunity to live with a caregiver in a family environment. Middleboro Day Habilitation Services provides a safe environment for individuals with intellectual and developmental disabilities to explore skill areas including: independent living, sensory motor, behavioral, affective, social, communication and daily living. Extended Day Programs and Project Rec-Connect encourages participants to engage in community-based outings, expand health and wellness habits and enjoy social and recreational activities.



## ADVOCACY SERVICES- MASSACHUSETTS

The Arc advocates for the rights of individuals and their families through assistance with guardianship and trusts, helping parents advocate for their children in schools, and teaching school children about their peers with differences. Guardianship allows The Arc to be appointed by the court to assume responsibility for making personal, medical and /or financial decisions on behalf of individuals with disabilities. Education Advocacy and Empowerment Program enables students with intellectual and developmental disabilities and their families to access essential adaptive and therapeutic services which they need to be academically successful. The Empowerment program provides training to family members enabling them to become advocates for their sons/daughters. Kids on the Block is a United Way funded program that offers an unforgettable educational presentation with puppets to help students understand about their peers with intellectual and developmental disabilities in a fun and interactive manner. Trust Management provides options for individuals and families to financially plan for their loved ones future and preserve/maximize public benefits.

## PROABILITY- RHODE ISLAND

2015 marks the tenth year of proAbility offering life-changing services for individuals and families in Rhode Island. Among the growing initiatives at proAbility are: proPartnerships is a self-directed support service which empowers people with intellectual and developmental disabilities to have control over the services they receive. proAbility provides 24 hour and non 24 hour Residential Services to enable individuals to live in their own homes or apartments in the community. Transitional Services works with Rhode Island districts, students, and families to provide a variety of community based opportunities and other skill building trainings. Community Based Supports provides individualized therapeutic services to enhance the lives of children and adults with intellectual and developmental disabilities. Shared Living offers individuals opportunities to live in the community with a host family. proAbility's Recreation Program offers meaningful weekly community experiences, day trips, seasonal activities and parties, and extended trips to those we support.



## HILLSIDE ADULT DAY HEALTH – MASSACHUSETTS

Joining The Arc of Bristol County in December 2014, Hillside Adult Day Health Center in Attleboro provides an active and comfortable nursing home alternative and a solution to the difficulty of maintaining independence in the community; prolonging the need for nursing home care helps families retain financial stability. Participants are surrounded by nurses, a social worker and other dedicated staff who monitor medication, health issues, nutrition, and ambulation, while encouraging social participation through structured activities including exercise, art, music, and engaging conversation. Hillside assists elders and adults with disabilities to retain independent living skills and also provides them access to health education and preventative care. With regular attendance, participants benefit from daily health monitoring, nutritious meals, social camaraderie, and engaging activities that counteract loneliness and cognitive decline.



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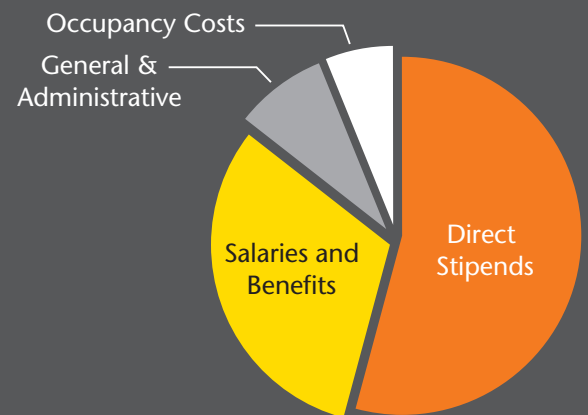
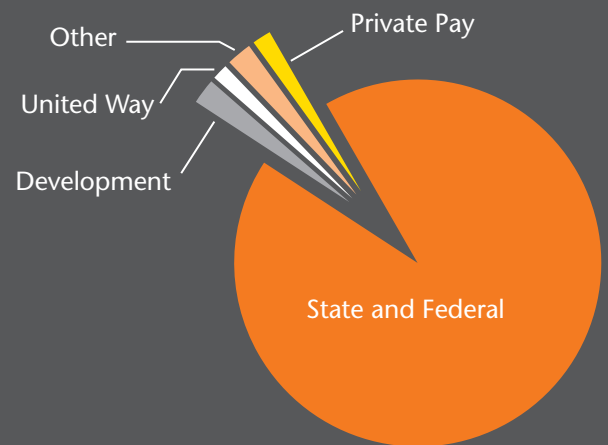
## FISCAL YEAR 2014 - 2015

### REVENUE:

State and Federal	8,506,434	93.85%
Development	62,750	0.69%
Private Pay	118,766	1.31%
Other	264,550	2.92%
United Way	111,000	1.22%
<b>Total Revenues</b>	<b>9,063,500</b>	<b>100%</b>

### EXPENSES:

Direct Stipends	4,104,785	45.76%
Salaries and Benefits	3,760,285	41.92%
General & Administrative	709,930	7.91%
Occupancy Costs	395,000	4.40%
<b>Total Expenses</b>	<b>8,970,000</b>	<b>100%</b>



*This statement is summarized from our unaudited financial statement. At your request, we will provide our audited statement upon its completion.*



# The Arc®

## Bristol County

### Administration Office

141 Park Street  
Attleboro, MA 02703  
Tel: (508) 226-1445 • Fax: (508) 226-1476  
Toll Free: (888) 343-3301  
Web: [www.arcnbc.org](http://www.arcnbc.org)

### Child & Family Services

146 Pleasant Street  
Attleboro, MA 02703  
Tel: (508) 226-1445 • Fax (774) 203-3523

### Day Habilitation Services

5 Mill Street  
Middleboro, MA 02346  
Tel: (508) 946-2121 • Fax: (508) 946-2195

### Hillside Adult Day Health Care

50 Walton Street  
Attleboro, MA 02703  
Tel: (508) 226-6150

### proAbility

25 Thurber Blvd.  
Smithfield, RI 02917  
Tel: (401) 233-1634 • Fax: (401) 233-1674

### Taunton Area Resource Center

437 Bay Street  
Taunton, MA 02780  
Tel: (508) 884-2971 • Fax: (508) 884-2964

### The Arc of Greater Fall River

182 North Main Street  
Fall River, MA 02720  
Tel: (508) 679-0001 • Fax: (508) 679-9375

### The Arc of Greater New Bedford

412 B County Street  
New Bedford, MA 02740  
Tel: (508) 996-8551 • Fax: (508) 996-8553



**GIVE. ADVOCATE. VOLUNTEER.**  
**LIVE UNITED** 

*Achieve with us.*